

Kresie & Penzler, M.D.'s PA

Cataracts Dr. Randall Kresie

Pre-Op Instructions

- Two days before surgery, use drops in the following manner
 - Vigamox
 - 2 days before surgery, use three times a day, at breakfast, mid afternoon and bedtime
 - Morning of surgery, use one drop
 - Nevanac
 - 2 days before surgery, use three times a day, at breakfast, mid afternoon and bedtime
 - Morning of surgery, use one drop
- Do not eat or drink anything, including water, after twelve (12) o'clock midnight the night of surgery. The only exception is to take your usual medications with a small sip of water the morning of surgery.
- If you are diabetic and on insulin, please do not take your insulin the morning of surgery, bring your insulin with you.
- If you are on a blood thinner, we will check with your medical doctor to be sure it is OK to stop this prior to surgery.
- Avoid aspirin, aspirin products, Advil, Ibuprofen, Aleve, or Motrin for at least four days prior to surgery as they promote bleeding. It is OK to use Tylenol/acetaminophen.
- It is advisable to bathe and wash your hair, either the morning of or the night before surgery
- DO NOT WEAR MAKE UP OR JEWELRY
- Bring the "informed consent" with you the day of surgery, UNSIGNED!!

Our office will call one or two days prior to answer any questions and remind you of your surgery. Should questions arise prior, please call our office at (785) 233-0011.

Post-Op Instructions

- Drop Schedule

	VIGAMOX	OMNIPRED	NEVANAC
Week 1	3 times a day	3 times a day	3 times a day until gone
Week 2	None	3 times a day	
Week 3	None	2 times a day	
Week 4	None	1 time a day	

Care instructions

1. Please wash your hands before using drops.
2. Apply 1 drop to operative eye.
3. Wait 5 minutes between drops.

Instructions

- Do not rub eye!

- Rest on the day of surgery
- Expect some burning, irritation and tearing/watering.
- Take Tylenol (or equivalent) for discomfort
- Expect blurred vision all day for 1 to 2 weeks after surgery.
- Resume normal activities
- Resume normal medications the day after surgery
- Avoid heavy lifting or bending head below waist for 2 week
- Wear the patch at bedtime and naps for 2 week after surgery, also wear glasses or sunglasses during the day for protection